



菓一道

Dial A Dinner Serving Hours:
Mon - Sun 12:00noon - 5:30pm
6:00pm - 10:00pm

Healthy Fruit Salad 健康果園沙律

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| 201 | TUNA FISH WITH RAISIN & DICED APPLE SALAD
吞拿魚乾果子蘋果沙律 | \$35 |
| 202 | ROASTED CHICKEN, PINEAPPLE & VEGETABLES SALAD
花園燒雞菠蘿沙律 | \$48 |
| 203 | COLD JAPANESE NOODLE WITH SMOKED DUCK BREAST SALAD
黑醋煙鴨胸冷麵沙律 | \$48 |
| 204 | CUCUMBER, JELLY FISH, SCALLOPS & SESAME SALAD
芝麻海蜆青瓜帶子沙律 | \$48 |

Vegetarian Dishes 素食精選主菜

(由於部份菜式均採用蔥蒜調味，茹素顧客可在落單時通知職員)

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| 208 | SPINACH NOODLES WITH MUSHROOM & VEGETARIAN MUTTON
蠔香冬菇素腩燴菠菜麵 | \$56 |
| 209 | STIR FRIED ANGEL HAIR WITH ASSORTED VEGETABLE & MUSHROOM IN GARLIC & TOMATO SAUCE
西班牙野雜菜炒天使幼麵(有蒜) | \$56 |
| 210 | STIR FRIED ORGANIC BROWN RICE COMBO WITH VEGETARIAN SHARK FIN & TOPPED WITH BEANCURD CRISPY
香豆酥花翅素肉炒三色糙米飯 | \$56 |
| 211 | STIR FRIED ORGANIC BROWN RICE COMBO WITH ASSORTED VEGETABLE & DICED PUMPKIN WITH EGGWHITE
蛋白南瓜野雜菜炒有機三色糙米飯 | \$56 |
| 212 | STIR FRIED JAPANESE UDON WITH VEGETARIAN SAUSAGE & CRUSHED GINGER
有機亞麻子素肉薑粒炒博多烏冬 | \$56 |
| 213 | STIR FIRED BROWN RICE COMBO WITH VEGETARIAN MEAT & DICED EGGPLANTS
山野菜素肉茄子炒有機三色糙米飯 | \$56 |
| 214 | STIR FRIED ANGEL HAIR WITH ASSORTED VEGETABLE IN CREAMY WHITE SAUCE
白酒莧菜野雜菌煨天使幼麵(有洋蔥) | \$56 |
| 215 | FIVE GRAIN COURSE RICE + ASSORTED MUSHROOMS + ORGANIC BEANCURD
五穀飯團 + 香草蒜子炒雜菌 + 有機豆腐 | \$56 |
| 216 | PAN-FRIED VEGETARIAN SAUSAGE IN HONEY SOY SAUCE SERVED WITH ORGANIC RED & BROWN RICE
芝麻金菇煎維也納素腸配有機紅糙米飯 | \$56 |
| 217 | PAN-FRIED TARO ROLLS IN SWEET & SOUR SAUCE SERVED WITH ORGANIC RED & BROWN RICE
五柳甜酸荔芋卷配有機紅糙米飯 | \$56 |

HEALTH FOOD



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| 218 | BAKED ORGANIC BROWN RICE COMBO WITH ASSORTED VEGETABLE IN TOMATO & GARLIC SAUCE
鮮茄香菇雜菜焗有機三色糙米飯(有蒜) | \$56 |
| 219 | STIR FRIED SPAGHETTI WITH DICED VEGETARIAN MEAT & BEANS IN CHILLI SAUCE
墨西哥素肉辣豆炒意大利麵 | \$56 |
| 220 | ORGANIC RED & BROWN RICE WITH MUSHROOM SAUSAGE IN HONEY SOY SAUCE
芝麻蜜汁猴頭菇素肉配有機紅糙米飯 | \$63 |

Organic Brown Rice (Meat) 有機生命糙米飯 (肉類篇)

(CHICKEN / DUCK / OSTRICH / SAUSAGE / MUTTON / TURKEY)

有機三色糙米飯 = 黑香米、長糙米、白米

有機紅糙米 = 紅米、長糙米、黑香米、白米

ORGANIC BROWN RICE COMBO = BLACK RICE, BROWN RICE, WHITE RICE

ORGANIC RED & BROWN RICE = RED RICE, BROWN RICE, BLACK RICE, WHITE RICE

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| 225 | STIR FRIED ORGANIC BROWN RICE COMBO WITH DICED SQUID & CHEESE SAUSAGES
貴妃鮑粒芝味腸炒三色糙米飯 | \$60 |
| 226 | PAN-FRIED DEBONED CHICKEN STEAK IN TOMATO GARLIC SAUCE SERVED WITH ORGANIC RED & BROWN RICE
紅蒜子汁香煎雞扒配紅糙米飯 | \$63 |
| 227 | PAN-FRIED DEBONED CHICKEN SERVED WITH STIR FRIED ORGANIC BROWN RICE COMBO MARINATED IN YELLOW GINGER SAUCE
板煎雞肉配黃薑汁煨三色糙米飯 | \$65 |
| 228 | ORGANIC BROWN RICE COMBO WITH DUCK BREAST IN RED WINE MUSHROOM SAUCE
法國紅葡萄酒鮮鴨胸肉配三色糙米飯 | \$65 |
| 229 | PAN-FRIED MINCED CHICKEN BURGERS IN BLACK PEPPER B.B.Q. SAUCE SERVED WITH ORGANIC RED & BROWN RICE
甜椒香蹄漢寶扒配紅糙米飯 | \$66 |
| 230 | SAUTEED SMOKED DUCK BREAST & SCALLOPS SERVED WITH STIR FRIED ORGANIC BROWN RICE COMBO MARINATED IN CREAMY MUSHROOM SAUCE
煙薰鴨肉帆立貝配冬菇忌廉汁糙米飯 | \$69 |
| 231 | SAUTEED LEMON GRASS HERBY CHICKEN BREAST IN RED WINE SAUCE SERVED WITH ORGANIC RED & BROWN RICE
香草檸檬烤雞肉配紅糙米飯 | \$73 |
| 232 | ORGANIC RED & BROWN RICE WITH SOUTH AFRICA OSTRICH STEAK IN HONEY B.B.Q. SAUCE WITH BLACK PEPPER
黑椒碎燒汁南非駝鳥扒配紅糙米飯 | \$75 |





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Organic Brown Rice (Seafood) 有機生命糙米飯 (海鮮篇)

(PRAWNS / SCALLOPS / SALMON / SOLE / WHITE COD / MUSSEL)

- 235 EGG WHITE WITH DICED SQUID/SCALLOP & PUMPKIN SERVED WITH ORGANIC RED & BROWN RICE \$66
南瓜帶子鮑粒芙蓉蛋白紅糙米飯
- 236 PAN-FRIED SOLE FILLET IN CREAMY MUSHROOM SAUCE SERVED WITH ORGANIC RED & BROWN RICE \$73
香草白菌龍俐柳配紅糙米飯
- 237 BAKED ORGANIC BROWN RICE COMBO WITH SEAFOOD COMBO IN CURRY SAUCE \$73
檸檬香葉淡咖喱海鮮焗三色糙米飯
- 238 STIR FIRED ORGANIC BROWN RICE COMBO WITH DICED EEL & LING \$73
和風鳶鳶魚(鰻魚+青衣)炒糙米飯
- 239 PAN-FRIED SOLE FILLETS IN LOBSTER SAUCE SERVED WITH SMASHED POTATOES \$73
秒製龍蝦汁野菜龍俐柳配薯蓉
- 240 GRILLED LEATHER FISH FILLET IN JAPANESE SOY SAUCE SERVED WITH ORGANIC RED & BROWN RICE \$73
蜂花蜜汁蔥燒沙孟魚柳配紅糙米飯
- 241 GRILLED PORTUGUESE SARDINE FISH IN HONEY SAUCE WITH LEMON SERVED WITH ORGANIC BROWN RICE COMBO \$75
西檸蜜汁原條葡國沙甸魚配三色糙米飯
- 242 BAKED ORGANIC BROWN COMBO WITH NORWEGIAN SMOKED SALMON & HALF SHELL SCALLOPS IN WHITE SAUCE WITH BLACK PEPPER \$85
黑椒扇貝帶子煙三文魚焗三色糙米飯
- 243 ORGANIC BROWN RICE COMBO WITH JAPANESE EEL STEAK TOPPED WITH CHEESE \$85
芝心日本鰻魚配三色糙米飯
- 244 ORGANIC BROWN RICE COMBO WITH SEAFOOD IN TOMATO GARLIC SAUCE \$85
西班牙海鮮焗三色糙米飯
- 245 GRILLED NORWEGIAN FRESH SALMON STEAK IN WHITE WINE SAUCE SERVED WITH ORGANIC BROWN RICE COMBO \$98
板煎挪威鮮三文魚扒配三色糙米飯



HEALTH FOOD

Special Noodle

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(SPAGHETTI / PASTA / UDON / WHEAT NOODLE / SPINACH NOODLE)

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| 250 | STIR FRIED SPAGHETTI WITH SHREDDED OSTRICH MEAT & ASSORTED VEGETABLES IN BLACK BEAN SAUCE
甜鼓醬汁駝鳥肉炒意大利麵 | \$60 |
| 251 | SPAGHETTI WITH MUSHROOM CHICKEN SAUSAGES IN GARLIC & TOMATO SAUCE
紅蒜子白肉磨菇腸燴意大利麵 | \$60 |
| 252 | SPINACH NOODLES WITH SHREDDED CHICKEN IN TOMATO CHILLI SAUCE
秘製醬汁雞柳燴菠菜麵 | \$60 |
| 253 | COLD JAPANESE NOODLES WITH SHREDDED SMOKED TURKEY SAUSAGES, CUCUMBER, JELLYFISH & BLACK VINEGAR
黑醋海蜇青瓜火雞肉拉麵 | \$60 |
| 254 | STIR FRIED JAPANESE UDON WITH MINCED CHICKEN IN SATAY SAUCE
沙茶香茜肉碎炒博多烏冬 | \$60 |
| 255 | STIR FIRED SPAGHETTI WITH CLAM IN CREAMY GARLIC SAUCE WITH BASIL
金不換蒜香花蜆肉炒意大利麵 | \$63 |
| 256 | STIR FRIED SPAGHETTI WITH SMOKED DUCK BREAST IN ORGANIC MUSTARD SAUCE
德國有機芥菜汁煙鴨肉炒意大利麵 | \$63 |
| 257 | STIR FRIED SQUID INK SPAGHETTI WITH FRESH CRAB MEAT IN CREAMY SAUCE WITH DILLS
白酒紫蘇蟹蚶肉炒墨魚汁麵 | \$69 |
| 258 | PAN-FRIED MACKEREL FILLET SERVED WITH ORGANIC WHEAT SOBA
蜜燒青花魚柳配有機蕎麥麵 | \$73 |
| 259 | STIR FRIED SPAGHETTI WITH PRAWNS & SMOKED SALMON IN CREAMY WHITE WINE SAUCE WITH RED ONION
紅洋蔥菠菜茸煙三文魚河蝦炒意大利麵 | \$73 |
| 260 | STIR FIRED ANGEL HAIR WITH PRAWNS & SCALLOPS IN ORGANIC TOMATO SAUCE
有機蕃茄南澳帶子花虎蝦天使麵 | \$75 |
| 261 | PAN-FRIED NEW ZEALAND LING FILLET SERVED WITH ANGEL HAIR IN CREAMY MUSHROOM SAUCE
紐西蘭青衣魚柳配磨菇忌廉天使麵 | \$110 |

